Nebraska Department of Health and Human Services

Medicaid Tip Sheet

10 Tips to Protect Your Medicaid Benefits

1. Beware of healthcare providers and suppliers that sell goods and services door-to-door or call you over the telephone.
2. Never give your personal information to anyone who contacts you via telephone or email. You never know who is really on the other end.
3. Never accept or demand services, treatments or supplies you do not need or your doctor doesn't authorize.
4. Never sign a provider's blank time card when receiving home healthcare.
5. Never sign a blank medical billing form.
6. Don't let your personal information fall into the wrong hands. Shred sensitive documents before throwing them away.
7. Be suspicious if a healthcare provider tells you: "The more tests we run the cheaper they are."
8. Remember...always count your pills. Mistakes do happen, but intentional pill-shorting is fraud.
9. Avoid telemarketing scams. Sign up for the National Do Not Call list by calling 1-888-382-1222 or logging onto www.donotcall.gov.
10. Remember to show your Medicaid eligibility card to all providers so the providers bill Medicaid appropriately.

Nebraska SMP
Empowering Seniors To Prevent Healthcare Fraud

Questions: Please call 1-800-942-7830

This document was supported, in part, by a grant from the Administration on Aging, Department of Health and Human Services. Grantees undertaking projects under government sponsorship are encouraged to express freely their finds and conclusion. Points of view or opinions do not, therefore, necessarily represent official Administration on Aging policy.

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MILTC-48 (88048) 5/09