# The PACE Mystery Shopper Project

**Supporting Informed Beneficiary Choices** 

Peter Fitzgerald August 2016



### NATIONAL PACE ASSOCIATION

Advancing Programs of All-inclusive Care for the Elderly

www.NPAonline.org | (703) 535-1565

# Program of All-Inclusive Care for the Elderly (PACE)

### PACE Eligibility:

- o 55+
- Meet nursing facility level of care (as determined by your state)
- Live safely in the community, with PACE services
- Live in a PACE service area

### • Services provided:

- All medically necessary services
- Day center activities, meals, etc.
- Long-term services and supports (LTSS)

# PACE Programs Across the Nation

119 PACE programs operating in 31 states *Approx. 40,000 participants* 

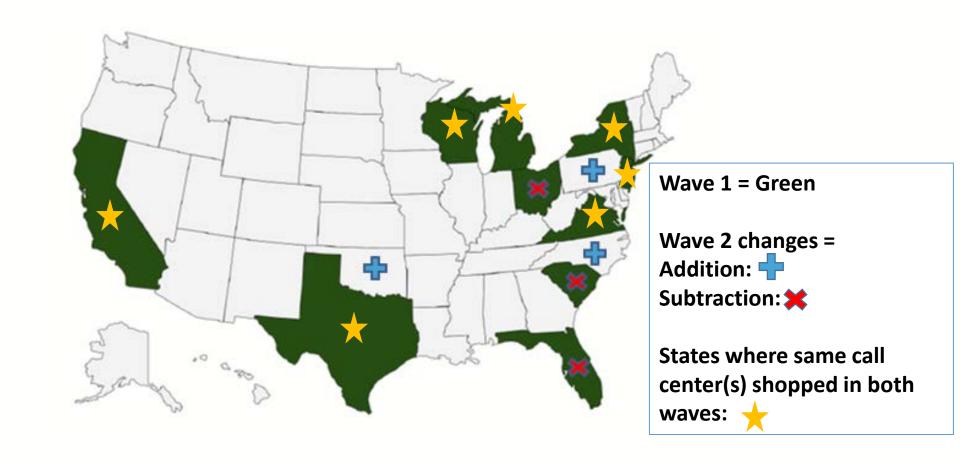


## Project Overview

- Who: NPA partnered with Second To None, a mystery shopper research organization
- What: A mystery shopping study of individual state and local services supporting informed beneficiary choices
- Where: 376 calls were deployed in ten states participating in the CMS Financial Alignment Demonstration and/or implementing managed long term services and supports. This was a follow-up to the Wave 1 initial/benchmark study which made 300 calls.
- When: May 2016, following the initial June 2015 study.
- Why: To determine the level of PACE awareness and how the program is communicated to eligible individuals calling to seek advice for assistance.



### Ten States





# Methodology: Who Was Called?

- ➤ Wave 2 (current) study shopped 50 different call numbers in total
  - Some were local numbers, others statewide
  - ➤ Wave 1 study shopped 13 call numbers
- Phone numbers were researched to confirm callers would reach
  - ➤ An appropriate State Health Insurance Assistance Program (SHIP) office, or
  - A similar state or county office which provides options counseling, for advice on assistance needs.



### Call Scenarios





# Methodology: Caller Scenarios

- ➤ Callers primarily presented as inquiring on behalf of a parent who lives with them and qualifies for nursing home level care but prefers to stay with them.
  - 3% of Wave 2 callers presented as calling on behalf of themselves.
- ➤ Callers led with a statement indicating they are calling to find out what programs or services might be available to assist with care to provide a clear understanding for the intent of their call.
- In wave 1, all calls were conducted in English. In Wave 2, calls with options counselors were conducted in English and Spanish.
  - Among all Wave 2 counselors spoken to (228):
    - o 214 calls in English
    - o 14 calls in Spanish

# Methodology: Assessment of Options Counseling Responses

- Full Awareness: Spoke about PACE correctly and confidently/knowledgeably
  - A Program of All-Inclusive Care for the Elderly
  - o For people who need nursing home level care/long term services/support
  - Operated by a healthcare provider and covers all healthcare needs
  - Individuals enrolled in Medicare and Medicaid can enroll with full costs covered
  - No co-pays or deductibles
  - Offers support for family members and caregivers (respite care, daycare, inhome support, transportation services and support groups)
- Limited Awareness: Spoke about it incorrectly and/or with hesitation and uncertainty
- No Awareness: PACE could not be discussed
- No Answer: After two attempts



# Methodology: Current Results and Trends

- Current results reflect the 10 states and corresponding phone numbers used in Wave 2
- Trend results reflect the states and corresponding phone numbers that were consistent across Wave 1 and Wave 2
  - 7 States: CA, MI, NY, NJ, TX, VA, WI
  - 8 Call Numbers (2 in CA, one in each of the other states)

# Accessing Options Counseling

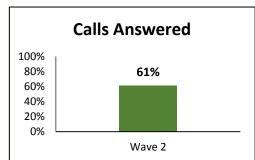
### Ten States

### Calls Answered

More than 1/3 of Callers faced difficulties reaching a counselor.

376 calls were attempted in wave 2, with 228 of those attempts resulting in reaching a counselor (two attempts required).

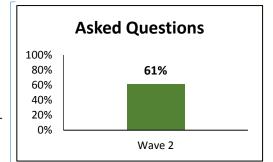




#### **Asked Questions**

Of the calls answered, counselors asked questions to determine the caller's needs roughly 3 out of 5 times (61%)



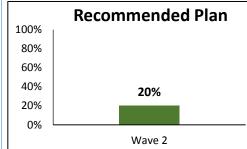


### **Recommended Plan**

Some counselors tended to recommend specific plans.

- 20% of counselors recommended a plan in Wave 2
- Of those recommendations, non-PACE plans were recommended 69% of the time





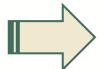


# Discussion of PACE

### Ten States

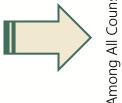
#### **PACE Awareness**

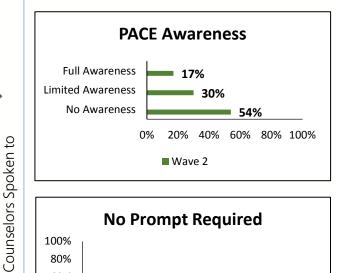
• 17% of counselors had full awareness of PACE, 30% had limited awareness (incorrect/uncertain), and 54% had no awareness of PACE.

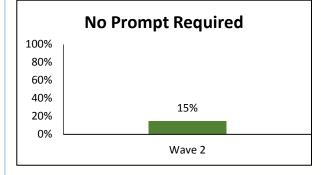


#### **Counselor Required No Prompt**

15% of enrollment counselors discussed PACE as an option, without being prompted.







# Accessing Options Counseling Ten States

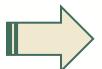
### **Explained PACE Eligibility**

Among those counselors with information about PACE, the information provided was not always consistent or accurate.

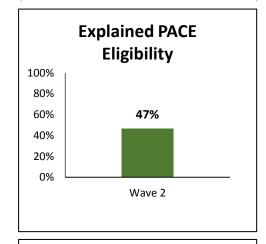
- 78% of all counselors **could not** explain the eligibility requirements to enroll in PACE.
  - ➤ Of those counselors with some awareness of PACE (limited or full) approximately half (47%) could explain the eligibility requirements.

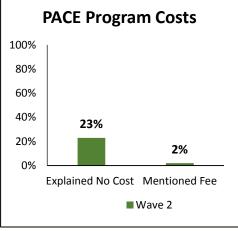
### **PACE Program Costs**

 23% of those aware of PACE explained there was no cost (co-pay or deductible) to eligible individuals, while a small number (2%) indicated there was a fee involved.



#### Among Those <u>Aware</u> of PACE



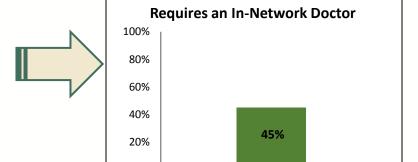




# Accessing Options Counseling Ten States

### **In-Network Doctor**

 Among counselors aware of PACE, nearly half indicated that if your doctor is not in a PACE network, you would have to obtain a new doctor.



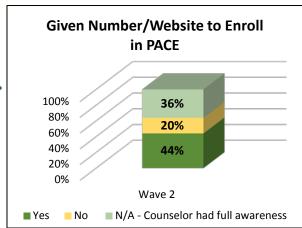
Among Those **Aware** of PACE

Counselors Indicated PACE

### **Enrolling in PACE**

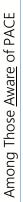
- 44% of callers were given a phone number or directed to a website to locate more information about PACE.
- 36% of counselors who had full awareness did not redirect the caller to a number or website for more information.

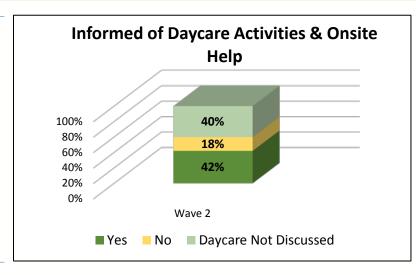




Wave 2

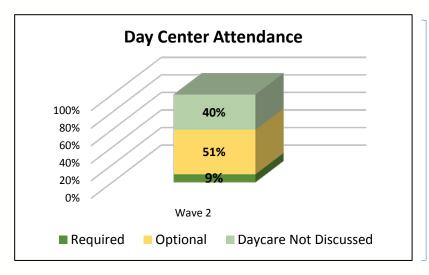






Over 50% of counselors accurately informed callers of the optional nature of day center attendance

If day care was discussed, counselors provided information on available activities including that it offers organized activities, a doctor's office, and physical therapy onsite, 2 out of 3 times



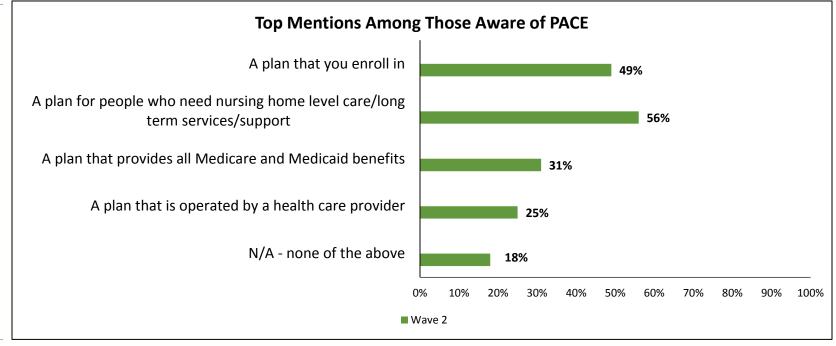
Among Those <u>Aware</u> of PACE

# Top Mentions

### Ten States

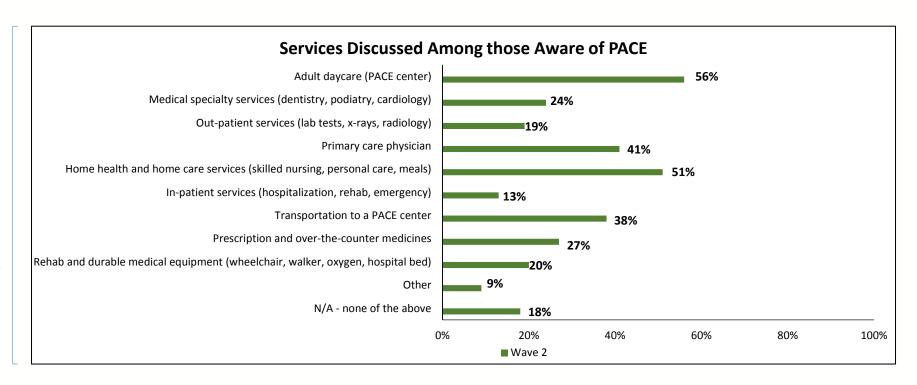
Over half of the options counselors mentioned that PACE is a plan for those in need of nursing home care or long term support.





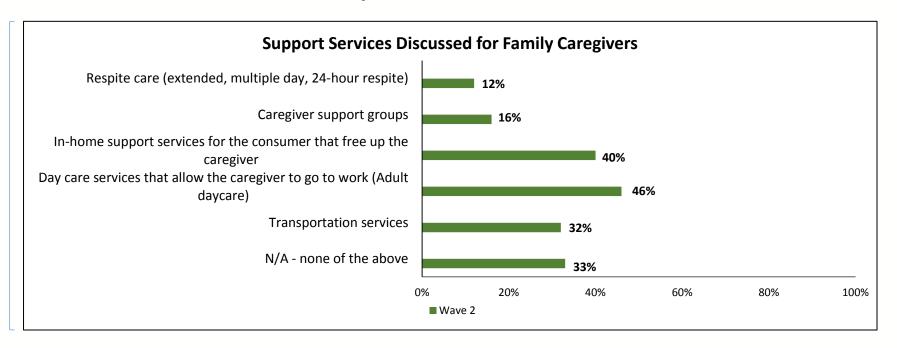
### Services Discussed - Ten States

Adult daycare was mentioned frequently in Wave 2, as was home health services.



# Support Services Discussed for Family Caregivers *Ten States*

Information provided regarding support services for family caregivers focused on the in-home and day care services, along with frequent mentions of transportation services.





# Number of Call Centers Shopped in Both Waves 1 & 2

- California (2 call centers shopped in both waves)
- Michigan (1 call center)
- New Jersey (1 call center)
- New York (1 call center)
- Texas (1 call center)
- Virginia (1 call center)
- Wisconsin (1 call center)

After the completion of Wave 1, NPA worked with states and other stakeholders to disseminate information regarding PACE.

Note: Wave 2 results include calls in English and Spanish



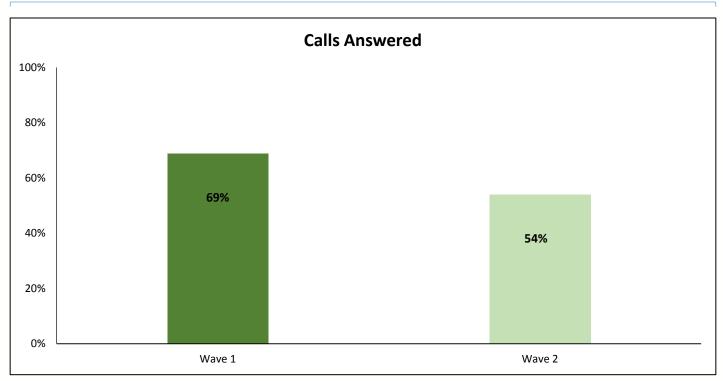
# Access to Options Counselor

Wave 1 vs. Wave 2

### **Calls Answered**

Callers were less likely to reach an options counselor in Wave 2

Among All Call Attempts for All Call Centers Shopped in Both Waves



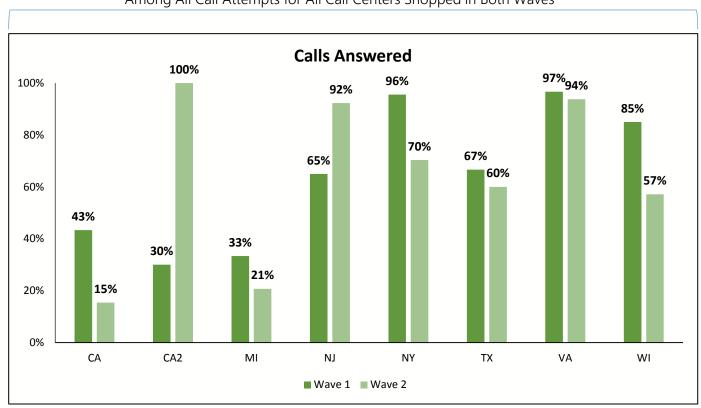
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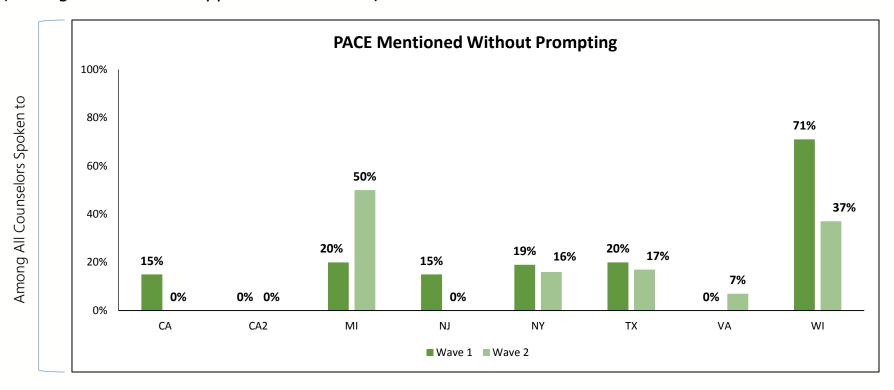


### Discussion of PACE

### Wave 1 vs. Wave 2

### **No Prompt Required**

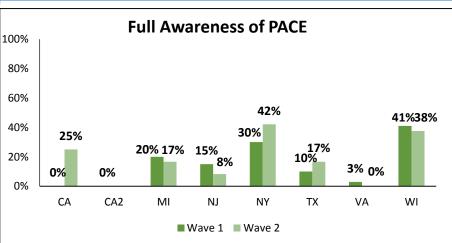
In Wave 1, counselors were more likely to mention PACE without prompting, in comparison to Wave 2 (among call centers shopped in both waves).



### PACE Awareness

Wave 1 vs. Wave 2

Among All Counselors Spoken to



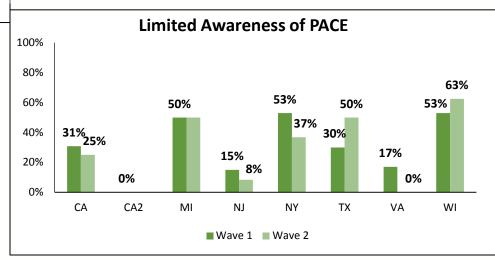
#### **Full Awareness**

Full awareness of PACE increased (CA, NY, TX) in three call centers.

Among All Counselors Spoken to

### **Limited Awareness**

Limited awareness of PACE increased in two call centers (TX, WI).



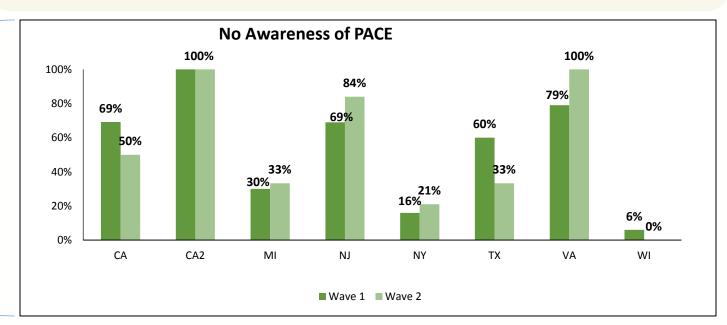


### PACE Awareness

Wave 1 vs. Wave 2

#### **No Awareness**

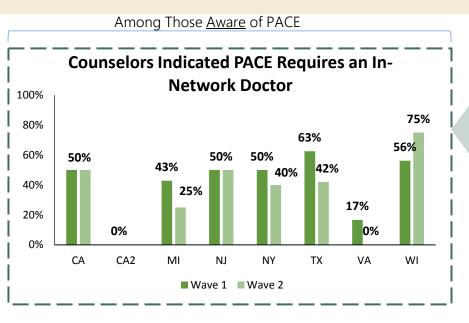
- In half of the call centers that were shopped in both waves, there was an increase in "no awareness" among options counselors in Wave 2.
- In three of the call centers (CA, TX, WI) there was a decline in "no awareness" in Wave 2.



Among All Counselors Spoken to

# Noteworthy Observations

Wave 1 vs. Wave 2



### <u>Call Center – PACE Eligibility</u>

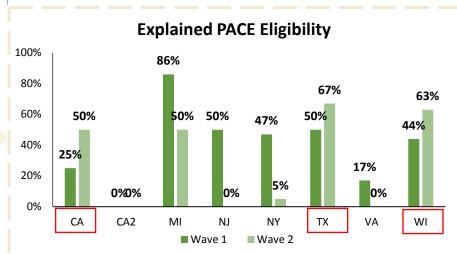
There was a significant improvement in the ability of counselors in CA (one call center), TX, and WI to explain PACE eligibility.

#### **In-Network Doctor**

- Counselors in WI more frequently mentioned that PACE requires an in-network doctor in Wave 2 in comparison to Wave 1.
- Both call centers in CA and a call center in NJ had no change from Wave 1.

NOTE: 21 PACE Programs have Community Based
Primary Care Physician Waivers that are considered
"in-network"

Among Those Aware of PACE





## Next Steps

- Share findings with SHIP call centers, state policymakers, especially ombudsmen, state Medicaid departments, senior services.
- Use to initiate discussion/training session with local options counselors and PACE organizations.
  - Educational presentations
  - Links to PACE organizations' websites
  - PACE organization phone numbers for consumers
- Share with local consumer organizations, such as AARP, respite organizations, etc.



### More Information About PACE



For more information, or to locate a PACE Program: <a href="http://www.pace4you.org/">http://www.pace4you.org/</a>



### Contact

- Peter Fitzgerald
- PeterF@npaonline.org
- •703-535-1519



# Program for All Inclusive Care for the Elderly

Kelly Carter 08/03/2016



### What is PACE?

# Program for All Inclusive Care for the Elderly

- Innovative Model of Care
- Community Based
- Comprehensive
- Participant Driven
- Capitated

# Who Is Eligible for PACE

- Seniors who are 55 years or older
- Meets a Nursing Home level of Care
- Can safely live in the Community
- Live in a PACE designated Service Area

# PACE Program Philosophy

- Participant Driven
- Participant Focused
- Supports Living with Independence
- Maintain Community Based Living as long as possible
- Maintain maximum health, physical function, cognitive function and social integration

# What Are the Benefits that are included in the PACE Program

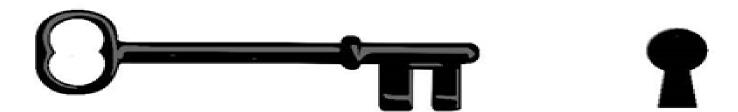
- Medicare A & B and Part D Services
  - Hospital Care
  - Nursing Home Care when needed
  - Physical/Occupational/ Speech Therapies
  - Laboratory Services
  - Skilled Nursing Services/Home health Care
  - Optometry, Dental, Podiatry, Audiology
  - Medications

# What Are the Benefits that are included in the PACE Program

- Long Term Care Services
  - Care Management through Interdisciplinary
     Team
  - Transportation
  - Supportive Home Care Services
  - Adult Day Health Care services
  - Meals
  - Respite Care

# What Should Potential Participants Know

# **Key Features of PACE**



# An Interdisciplinary Care Team

- Participant
- Physician/NP
- Registered Nurse
- Social Worker
- Occupational Therapist
- Physical Therapist
- Recreation Therapist
- Home Care
- Dietician
- Day Center Managers
- Drivers
- Personal Care Workers



### What Does the IDT do?

- ☐ The care team works to identify our participant's needs and outcomes for care
- ☐ The care team works to identify
  - Goals of care and medical treatment
  - What outcomes are important to the participant
  - Identify participant's strengths and risks
  - Participant's long term care needs
  - Participant's social needs
- □ The care team develops a member centered plan that addresses those needs



# Coordinate Integrated Medical Care











### PACE Center Services







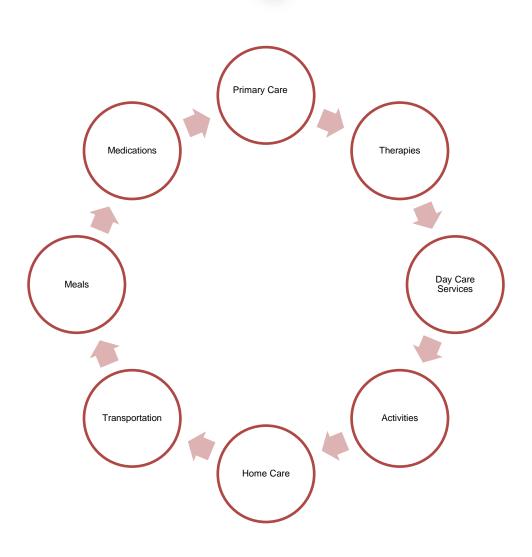
- Occupational Therapy
  - Nutrition Counseling
- Transportation Services







## What Services Are Provided?



## Where Services Can be Provided

- PACE Center
- Alternative Care Settings
  - Home
  - Hospitals
  - Nursing Facilities
- Assisted Living Facilities

### What Does PACE Services Cost?



- No Out of Pocket Costs
  - No Co-pays
  - No Deductibles



### How is it Funded?

- Medicare Capitated Rate
- Medicare Part D Capitated Rate
  - Medicaid Capitated Rate
    - Private Pay payments

# What Makes the PACE Program Works

- Member is involved with developing plan of care
- IDT is skilled in assessment and creating careplans that meet member needs
- PACE organizations work with network of providers to deliver all care
- Focus on prevention and wellness; not just treatment

## Indicators of Success

- Routine monitoring to ensure participant care outcomes are met
- Evaluation of participant satisfaction
- Low Disenrollment Rates
- Continuous monitoring for highly effective and cost effective care delivery

# Where are PACE Programs?



Currently 119 programs in 31 states
Over 200 PACE Centers
Serving Approximately 40, 000 members!

# Who Operates PACE Organizations

- Stand Alone PACE organizations
- Long Term Care providers
- Health Systems
- Health Plans
- Hospice Providers
- No matter who operates the PACE organization; the benefits are the same

### PACE in Wisconsin

- Operated by Community Care Inc.
- Been in business since 1977; PACE since 1991
- Waukesha and Milwaukee Counties
- Serves over 650 members
- Has 2 PACE centers and 2 Alternative Care Settings

# Questions and Answers

